

# SPA MENU

## ENGLISH





## Stone Spa

Winner of “Best Luxury Wellness Spa” and in 2015 “Best Emerging Spa” by the Best Luxury Spa Awards, Stone Spa is implanted in an ancient olive oil mill and dug in a quarry, Alentejo Marmòris Stone Spa Hotel is a unique refuge to enjoy true moments of evasion and wellness.

Immerse yourself in a relaxing and unforgettable experience, where the power and magnetism of the marble transport to other place where the details will surprise you every time.

Entering in the Stone Spa is an unforgettable experience, that clears our senses to the beauty of the stone that adorns its original walls.

Forget the outside world, and embark on an imaginary voyage, like a character from the books of Julio Verne.

The beauty and strength of its original walls, the authentic trickle of the water and the initial formation of small stalactites make its atmosphere absolutely unique.

The Spa has 4 treatment rooms (2 double), an indoor and outdoor pool heated, swimming pool with whirlpool circuit, pool with massage beds and hammam that compound the perfect background for your relaxation.

## BRUNO VASSARI - Kianty Spa

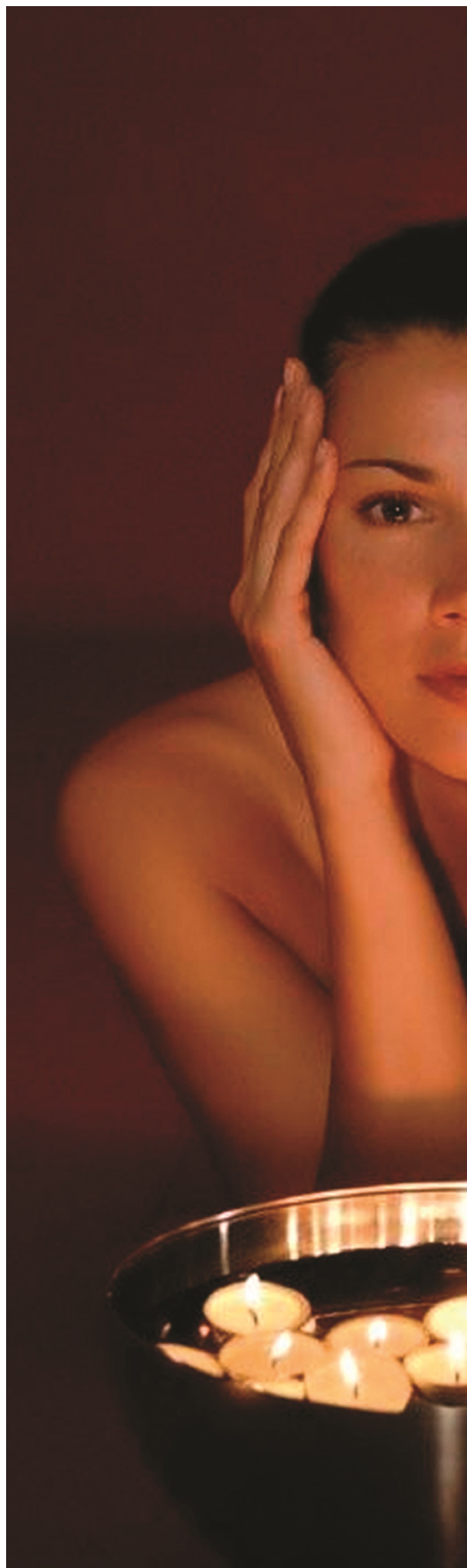
Bruno Vassari marca de Cosmética Profissional com 40 anos de experiência, decide no ano de 2004 estudar um vinho italiano com propriedades importantes para que pudesse dar nome a uma nova linha, esta baseada nos benefícios do vinho, concretamente (da uva) na nossa pele.

O nome italiano da marca, tinha que estar relacionado com uma variedade de vinhos da mesma origem, por isso foi selecionado um dos vinhos mais prestigiados e conhecidos no mundo inteiro da região Toscana; o vinho **Chianti**, e, assim nasce a palavra **Kianty**.

**Importante é saber que a uva preta tem características muito especiais, e é conhecida pelas suas propriedades calmantes e anti-oxidantes, que rejuvenescem a pele por dentro e por fora.**

**DESCUBRA OS PRAZERES DA VINOTERAPIA COM**

**BRUNO VASSARI.**





## Relaxation Rituals

### STONE ROMANTIC LUXURY MASSAGE

50min | 90€

Inspired by the therapeutic method (Lomi lomi) of the oldest cultures in the Hawaiian Islands, this massage is perfect for a deep relaxation. Performed with warm Karité butter.

### RELAX MOMENT

50/75min | 85€/ 105€

A relaxing massage designed to balance body and mind. It provokes muscular relaxation, calms emotions, improves blood circulation and increases cell oxygenation which helps to strengthen our immune system.

### HOT & COLD STONE MASSAGE

60min | 95€

Massage performed with heated volcanic stones, which causes an extraordinary sense of well-being and deep relaxation. The effect of essential oils associated with the heat of volcanic stones make this massage ideal for anyone who wants to liberate all the accumulated stress. The ritual ends with a cold stone facial massage for an effect of contrast energy and lifting.

### MASSAGE WITH CHINESE SCENTED SACHETS

50min | 100€

Massage with warm scented sachets composed of rice, spices and lavender oil. This oriental technique aims to create a deep relaxation method, balancing your inner energy.

### WINE THERAPY By Kianty Spa

60min | 110€

A relaxing massage performed on the body and the face. It aims to relieve physical injuries and to relax the mind. Performed with warm scented sachets, it helps to improve blood circulation and to relieve muscular pain.





## Deep Tissue Rituals

### MARMORIS MASSAGE

50/ 75min | 90€/ 115€

Developed by the Stone Spa team, this deep massage, was conceived with lovers of vigorous massages in mind. It's a fusion between ancient oriental techniques and contemporary therapies combining several massage techniques and pressure with marble from the Vila Viçosa region.

### THERAPEUTIC MASSAGE On the Back

30min | 50€

Energizing ritual performed on the back and on the neck with rhythmic movements, neuro-muscular techniques and localized manual pressure. Performed with warm Karite Butter for a better invigorating effect.

### THERAPEUTIC MASSAGE Back & Legs

45min | 70€

Customizable massage in terms of pressure, adapting perfectly to the needs of each client.

### MAR-RELAX by Kianty Spa

40min | 60€

Relaxing treatment destined to cause a deep relief of the muscular tension. Performed with Thermal All Grape Mousse this manual massage ends with a tasting of a glass of wine.





## BOBY TREATMENTS

### BODY FIRMING and DRAINAGE

30min/50min | 50€/85€

Manual treatment ideal for people who have suffered weight loss or flaccid skin. Treatment is finalized with the application of the "DIVINO" serum by Kianty Spa.

### "BAMBUTHERAPY" by Stone Spa

30min | 45€

Modelling treatment performed with bamboo canes, perfect for those who want to fight cellulite and flaccidity.

## EXFOLIATIONS

### PEELING By Kyanty Spa

45min | 65€

Body peeling with marine salt, grape polyphenols and warm oils, specified for the removal of dead skin cells. The treatment finishes with an hydrating and anti-aging lotion from Bagno di Latte's wine therapy.

### DETOX By Stone Spa

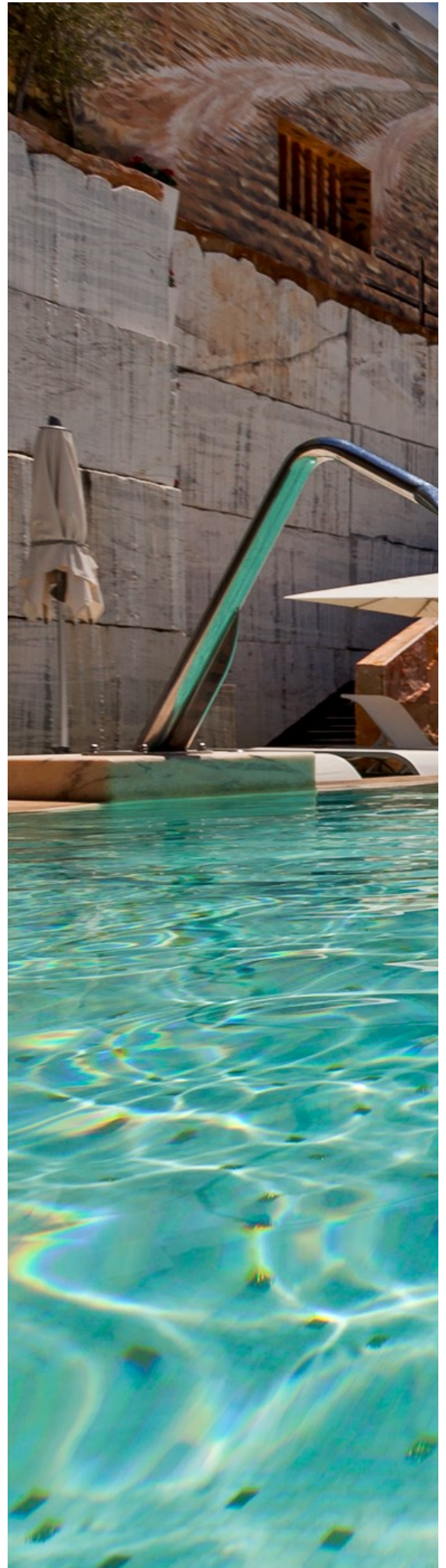
30min | 55€

Detoxing body exfoliation with salt, vegetable oil and ginger oil. This treatment finishes with a nutritious lotion for a clean a detoxed skin.

### HYDRANTING By Stone Spa

30min | 60€

Body exfoliation to deeply clean and hydrate the skin. The application of a nutritious lotion is a glamorous touch for a glowing skin.





## CONFORT RITUALS

### HAND TREATMENT

30min | 30€

Exceptional treatment that allies an exfoliation and a body wrap made from clay. Creates an antiaging effect that helps your skin fight external aggressions.

### FEET TREATMENT

30min | 30€

Feet support all bodyweight and deserve special attention . This treatment is the ideal solution for an immediate relief of your accumulated fatigue.

### SPA MANICURE

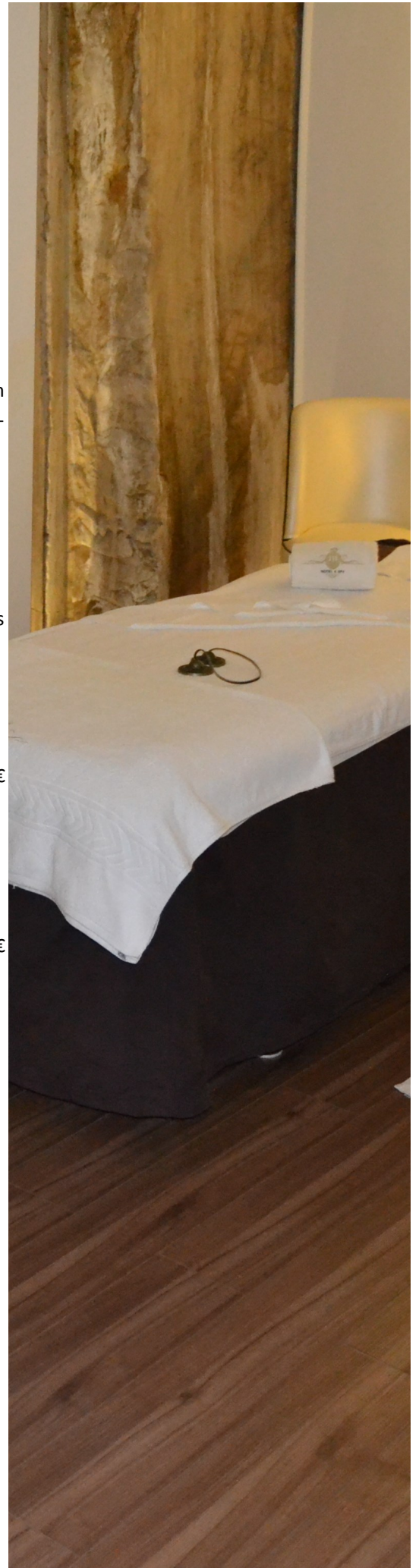
45min | 35€

An exfoliating and nutritious treatment for soft and protected hands.

### SPA PEDICURE

45-60min | 50€

A truly comfortable experience for your feet. The perfect combination between exfoliation and feet caring.



## Facial treatments

### Ritual LIFT -OX

60min | 120€

An aging skin requires a specific care when fighting aging signs. These manifestations on your skin, like wrinkles and hydration levels can be compensated with this antiaging treatment.

### RITUAL ABBOCATO By Kyanty Spa

50 min | 95€

A treatment recommended for skins that start to show some signs of flaccidity. Thanks to the synergic action of the polyphenols and alginates this treatment will strengthen your skin resistances.

### Detoxing ritual by kyanty spa

60 min | 90€

Recommended for male skins, oily or problematic, this treatment cleans and detoxes your skin, eliminating any bacteria or impurities.

### VISIBLE RITUAL BY KYANTY SPA

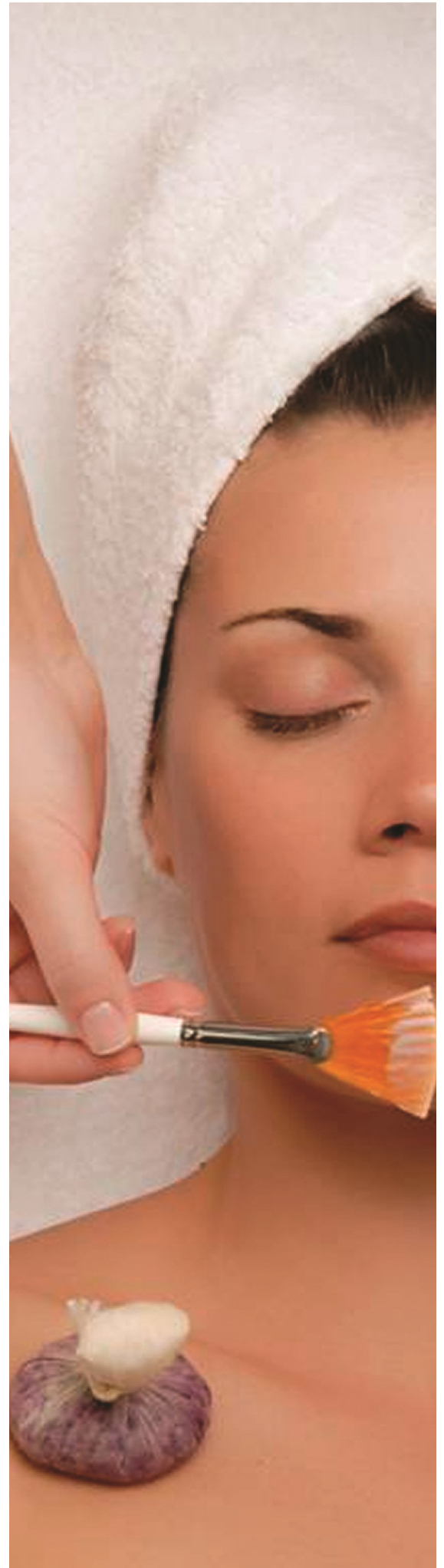
45 min | 60€

Viniferin treatment, rich in polyphenols which main goal is to fight aging signs, especially around the eyes and mouth.

### FACIAL EXPRESS

30min | 50€

Ideal for a quick glow in your skin. This treatment revitalizes your tired skin through the use of pressure with marble stones and a combination of grapes seeds and Vitamin E.



## Couples Programs

### SPA DELIGHT COUPLE \*

1h50 | 290€

Relaxing bath 30'  
Relax moment 50 min for one couple  
Facial express 30' with marble stones

### STONE SPA CASAL \*

2h05 | 320€

Relaxing bath 30'  
Stone romantic luxury massage 50'  
Visible 45 ' ritual by Kyanty

**\*\*Subject to the availability of an appointment for a couple.**

## DO IT YOURSELF

Create your own program. You may choose between 3 treatments for each category (massage, body or facial treatment) and benefit from a 10% discount.

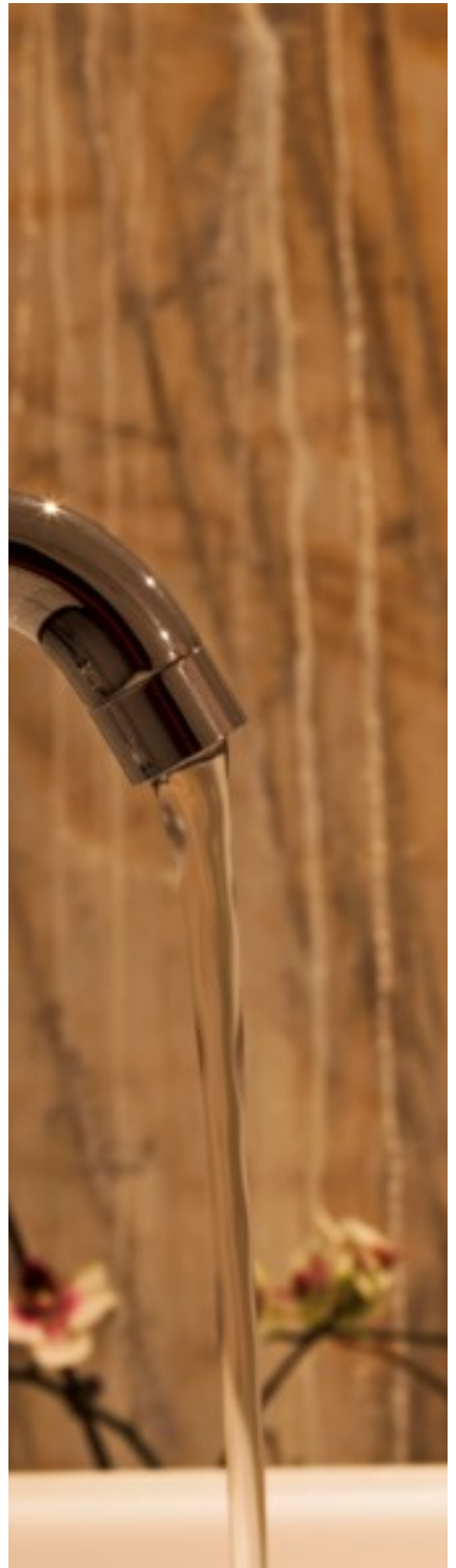
## SPA DAY

Customers who are not lodged in the hotel may also benefit from the Thermal area and the Fitness Gym as long as they book a Spa Ritual or acquire a daily pass.

**Daily pass for adults: 25€**

**Children from 6 to 14 years old: 10€**

**The prices listed include VAT at the applicable rate in force.**







## SPA ETIQUETE

### ZEN ATMOSPHERE

In order to contribute to a relaxed and quiet atmosphere it is forbidden to use cellphones, cameras or other electronic devices inside the Stone Spa. It is strictly forbidden to smoke or consume alcoholic drinks. Respect the quite environment by keeping your voice tone low.

### Appointments

We recommend that you book your ritual at least 24h in advance, by calling from your room (extension 315), directly with the SPA reception through the number +351 268 887 017 or through the following e-mail address: [spa@alentejomarmoris.com](mailto:spa@alentejomarmoris.com). Guests who fail to show for their appointment without a 12-hour notice will be charged for the total value of their treatment.

### Medical conditions

Always inform the Stone Spa team if you are under any kind of medication, if you suffer from any illness or if you are pregnant. Some treatments may be not recommended.

### Check in

We advise our guests to check in at least 10 min before their treatments in order to fill out the necessary forms and get ready for your treatment. Being late will limit your experience.





## GENERAL INFORMATION

### OPENING HOURS

Monday to Thursday: 11 a.m. till 8 p.m.

Friday to Sunday: 10 a.m. till 8 p.m.

### Admission

The Stone Spa reserves the right to refuse the admission of people whose behavior might affect the Spa quiet environment. **Only people with over 14 years old may use relaxation tanks and book treatments.**

### Cancelation policy

No-show or cancelations made under 12h before treatment will be fully charged.

### Thermal Area

For safety reasons it is forbidden to dive or run around the pools and relaxation tanks. Pool area is not supervised and the Spa does not take any responsibility for any accidents that might happen. Bathing suit is mandatory in the pools and relaxation pools. In case you do not have a bathing suit you can acquire one in the Spa reception.

### Fitness Gym

Appropriate clothes and shoes are mandatory for using the Fitness Gym. We advise any users of the Fitness Gym to consult with your doctor before starting their physical activity.

### Valuables

Stone Spa does not take responsibility for the loss or theft of your belongings. Found objects will be delivered to the Lost & Found (at the hotel's reception).

